

Bakery Goods

Delicious Classic Creations

Fruit-a-Roo's

Wawona's take on traditional turnovers



Frozen Fruit Cobblers



-  Fruit Flavors: Peach and Apple
**Inquire about additional fruit flavors*
-  Meets USDA 2-grain item requirement
-  Convenient & Easy-to-Serve
-  Grab 'n Go Option
-  Nutritious and Delicious
-  Kids Love Them!



Fruit as it should be!

See back
for product
specifications

Peach Fruit-a-Roo's

Nutrition Facts

96 servings per container

Serving size 1 Fruit-a-Roo (87g)

Amount per serving

Calories **280**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 360mg **16%**

Total Carbohydrate 39g **14%**

Dietary Fiber 0g **0%**

Total Sugars 12g

Includes 10g Added Sugars **20%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 13mg **2%**

Iron 2mg **10%**

Potassium 29mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Ingredients

FLOUR BLEACHED WHEAT FLOUR ENRICHED (NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), PEACHES, SUGAR, WATER, SOYBEAN OIL, SHORTENING (PALM OIL), MODIFIED FOOD STARCH, SALT, IMITATION VANILLA PH FLAVOR (WATER, PROPLYENE GLYCOL, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR), CINNAMON.

Contains Soy, Wheat.

Apple Fruit-a Roo's

Nutrition Facts

96 servings per container

Serving size 1 Fruit-a-Roo (88g)

Amount per serving

Calories **280**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 380mg **17%**

Total Carbohydrate 40g **15%**

Dietary Fiber 0g **0%**

Total Sugars 12g

Includes 10g Added Sugars **20%**

Protein 4g

Vitamin D 2mcg **10%**

Calcium 15mg **2%**

Iron 2mg **10%**

Potassium 21mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Ingredients

FLOUR BLEACHED WHEAT FLOUR ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), APPLES, (SALT, ASCORBIC ACID, CITRIC ACID.), SUGAR, WATER, SOYBEAN OIL, SHORTENING (PALM OIL), MODIFIED FOOD STARCH, SALT, GUM CARBOHYDRATE, IMITATION VANILLA PH FLAVOR (WATER, PROPLYENE GLYCOL, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR), CINNAMON, CITRIC ACID, APPLE NATURAL FLAVOR.

Contains Soy, Wheat.

Peach Cobbler

Nutrition Facts

80 servings per container

Serving size 4 oz. (113g)

Amount per serving

Calories **230**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 3g **15%**

Trans Fat 2.5g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 32g **12%**

Dietary Fiber 1g **4%**

Total Sugars 17g

Includes 11g Added Sugars **22%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 13mg **0%**

Iron 1mg **6%**

Potassium 141mg **4%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Ingredients

PEACHES, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (MAY CONTAIN PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTON WITH MONO-AND DIGLYLCERIDES), WATER, MODIFIED FOOD STARCH, DOUGH BASE (DEXTROSE, GELATINIZED WHEAT STARCH, SALT, BAKING SODA, CALCIUM PROPIONATED, SALT, PEACH JUICE CONCENTRATE, CINNAMON, NUTMET, CITRIC ACID, ASCORBIC ACID.

Contains Sesame, Soy, Wheat.



Fruit as it should be!

**Let Wawona help your school
maximize entitlement dollars.**

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