



# Fruit Pops

## The Healthy Choice for School Meal Programs

-  Fruit Choices  
Peach, Strawberry, Mixed Berry  
*\*Inquire about additional fruit pop flavors*
-  1/2 Cup Fruit Servings
-  Convenient & Easy-to-Serve
-  Grab 'n Go Option
-  Nutritious and Delicious
-  Kids Love Them!
-  A USDA-Approved National Processor
-  Gluten-Free & Non-GMO



Wawona fruit servings are part of the daily meal pattern at many schools. The fruit pops are ideal for breakfast and lunch programs as well as a snack during the day to supplement regular meals.

**“Wawona fruit cups and pops are convenient, easy-to-serve and they have a great shelf life.”**

Robert Schram, Director of Campus Catering at Clovis (CA) Unified School District



*Fruit as it should be!*

See back for product specifications



## Peach Pops

INGREDIENTS: PEACHES, SUGAR, GUAR GUM, GUM ACACIA, ASCORBIC ACID AND CITRIC ACID ADDED TO MAINTAIN COLOR.

### Nutrition Facts

96 servings per container

**Serving size** 1 Fruit Pop (125g)

Amount per serving

**Calories** **80**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 19g	
Includes 9g Added Sugars	18%
<b>Protein</b> 1g	

Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 219mg	4%
Vitamin A 19mcg	2%
Vitamin C 42mg	45%
Vitamin E 1mg	6%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0mg	0%
Folate 5mcg DFE	2%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 23mg	2%
Magnesium 10mg	2%
Zinc 0mg	0%
Copper 0.1mg	10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

## Strawberry Pops

INGREDIENTS: STRAWBERRIES, SUGAR, GUAR GUM, GUM ACACIA.

### Nutrition Facts

96 servings per container

**Serving size** 1 Fruit Pop (128g)

Amount per serving

**Calories** **80**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 16g	
Includes 10g Added Sugars	20%
<b>Protein</b> 1g	

Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 181mg	4%
Vitamin A 1mcg	0%
Vitamin C 69mg	80%
Vitamin E 0mg	0%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0.1mg	6%
Folate 28mcg DFE	8%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 28mg	2%
Magnesium 15mg	4%
Zinc 0mg	0%
Copper 0.1mg	10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

## Mixed Berry Pops

INGREDIENTS: STRAWBERRIES, BLUEBERRIES, SUGAR, GUAR GUM, ACACIA GUM.

### Nutrition Facts

96 servings per container

**Serving size** 1 Fruit Pop (113g)

Amount per serving

**Calories** **80**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 17g	
Includes 9g Added Sugars	20%
<b>Protein</b> 1g	

Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 123mg	2%
Vitamin A 2mcg	0%
Vitamin C 36mg	40%
Vitamin E 0mg	0%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0.1mg	6%
Folate 16mcg DFE	4%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 19mg	2%
Magnesium 10mg	2%
Zinc 0mg	0%
Copper 0.1mg	10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4



*Fruit as it should be!*

**Let Wawona help your school maximize entitlement dollars.**

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