



Fruit Pops

A Healthy Fresh Frozen Fruit Snack



Fruit Choices

Peach, Strawberry, Mixed Berry
**Inquire about additional fruit pop flavors*



1/2 Cup Fruit Servings



Convenient & Easy-to-Serve



Nutritious and Delicious



Ideal Grab 'n Go Option



Gluten-Free & Non-GMO



These Pops are fruit-filled treats! Perfect for health-conscious, on-the-go consumers, Wawona's Fruit Pops are satisfying snacks filled with nutrients to include an excellent source of Vitamin C.



Fruit as it should be!

See back for product specifications

Peach Pops

INGREDIENTS: PEACHES, SUGAR, GUAR GUM, GUM ACACIA, ASCORBIC ACID AND CITRIC ACID ADDED TO MAINTAIN COLOR.

Nutrition Facts

96 servings per container

Serving size 1 Fruit Pop (125g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber 2g	7%
Total Sugars 19g	
Includes 9g Added Sugars	18%
Protein 1g	

Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 219mg	4%
Vitamin A 19mcg	2%
Vitamin C 42mg	45%
Vitamin E 1mg	6%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0mg	0%
Folate 5mcg DFE	2%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 23mg	2%
Magnesium 10mg	2%
Zinc 0mg	0%
Copper 0.1mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Strawberry Pops

INGREDIENTS: STRAWBERRIES, SUGAR, GUAR GUM, GUM ACACIA.

Nutrition Facts

96 servings per container

Serving size 1 Fruit Pop (128g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 16g	
Includes 10g Added Sugars	20%
Protein 1g	

Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0mg	0%
Potassium 181mg	4%
Vitamin A 1mcg	0%
Vitamin C 69mg	80%
Vitamin E 0mg	0%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0.1mg	6%
Folate 28mcg DFE	8%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 28mg	2%
Magnesium 15mg	4%
Zinc 0mg	0%
Copper 0.1mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Mixed Berry Pops

INGREDIENTS: STRAWBERRIES, BLUEBERRIES, SUGAR, GUAR GUM, ACACIA GUM.

Nutrition Facts

96 servings per container

Serving size 1 Fruit Pop (113g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber 2g	7%
Total Sugars 17g	
Includes 9g Added Sugars	20%
Protein 1g	

Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 123mg	2%
Vitamin A 2mcg	0%
Vitamin C 36mg	40%
Vitamin E 0mg	0%
Thiamin 0mg	0%
Riboflavin 0mg	0%
Niacin 1mg	6%
Vitamin B6 0.1mg	6%
Folate 16mcg DFE	4%
Vitamin B12 0mcg	0%
Pantothenic Acid 0mg	0%
Phosphorus 19mg	2%
Magnesium 10mg	2%
Zinc 0mg	0%
Copper 0.1mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4



Fruit as it should be!

The Perfect Grab 'n Go Snack That's Healthy and Delicious!

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