

# Frozen Fraddies

Conventional or organic fruits

- Single fruit or a blend – variety of options
- Convenient 6-gram size – ideal for portion control

Time & labor savers – no peeling, washing or chopping

Popular in smoothies, beverages, desserts, entrée sauces, and more

Dimension: 1.3" x 1" x 1/2"

Weight: 5.5 - 6 grams



Fruit as it should be!

#### **FEATURED FRUITS:**

- Peach
- Strawberry
- Mango
- Pear

#### **FEATURED BLENDS:**

- Peach & Pear
- Mango, Chamoy & Tajin

Inquire about Fruit Blend options





## Multiple Daypart Menu Applications

#### STRAWBERRY FRADDIE VINAIGRETTE

1 cup Strawberry Fraddies 2 tbs honey 5 tbs apple cider vinegar 1/3 cup extra-virgin olive oil 1 tsp kosher salt ¼ tsp black pepper

Mix together and shake vigorously/ blend until even consistency

#### PEACH & PEAR FRADDIE FRIZZLE

Add 3 to 4 Fraddies in Sparkling Wine or Champagne

Applications Are Endless



Call Wawona today to learn how Frozen Fraddies can make a big difference on your menu!

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### **Peach Fraddies**

INGREDIENTS: PEACHES, ASCORBIC ACID AND CITRIC ACID ADDED TO MAINTAIN COLOR.

#### **Nutrition Facts**

 97 servings per container

 Serving size
 1 Fruit Cup (140g)

 Amount per serving

 Calories
 60

% Daily Value*	
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 1g	
	212

Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron Omg	0%
Potassium 264mg	6%
Vitamin C 132mg	150%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

Nutritionals and ingredients vary