

FROZEN FOODS BULLEN-Free Baked Jewels & Gluten-Free

# FEATURING WAWONA'S FROZEN FRUITS

These enticing, fruitfilled pastries are easyto-prepare and have menu applications in all day parts: From breakfast treats to à la mode desserts.



## **Jewels**

This delicate pastry is filled with sun-sweetened peaches picked at perfect ripeness and enveloped by flaky crusts.

Packaging: 180ct (3/60ct in a 10# box)

# **Gluten-Free Gems**

The gluten-free Gems have rice flour crusts wrapping around the fresh frozen fruits, creating heavenly treats. The sweet softness of the fruits complements the crunchy, buttery pastry texture.

Packaging: 180ct (3/60ct in a 10# box)



WAWON APPLE GEMS



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Fruit as it should be!

See back for more

## **Peach Jewels**

#### **Nutrition Facts**

30 servings per container Serving size 2 Jewels (57g)

#### Amount per serving 180 Calories

% Daily Value*	
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 110mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 6g	1.1
Includes 5g Added Sugars	10%
Protein 3g	

Protein 3g

Vitamin D Omcg	0%
Calcium 15mg	2%
Iron 1mg	6%
Potassium 45mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

**INGREDIENTS: PEACHES, WHEAT** FLOUR ENRICHED (NIACIN, REDUCED **IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED** BARLEY FLOUR, CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), BUTTER (PASTEURIZED CREAM, SALT), SUGAR, MODIFIED FOOD STARCH, WHEAT PROTEIN ISOLATE (WHEAT GLUTEN, LACTIC ACID), MODIFIED CELLULOSE, NATURAL FLAVOR, ASCORBIC ACID AND CITRIC ACID ADDED TO RETARD OXIDATION.



**Gluten-Free Gems** 

Nutrition Facts	Peach		Mixed Berry		Apple	
Servings per container Serving size	30 2 Jewels (57g)		30 2 Jewels (57g)		30 2 Jewels (57g)	
Amount per serving Calories	1	80	1	80	T	70
2.00 2.00	% Daily Value*		% Daily \	/alue*	% Daily \	/alue*
Total Fat	11g	14%	11g	14%	10g	13%
Saturated Fat	7g	35%	7g	35%	6g	30%
Trans Fat	Og		Og	1. And	Og	5.14
Cholesterol	30mg	10%	30mg	10%	30mg	10%
Sodium	190mg	8%	190mg	8%	180mg	8%
Total Carbohydrate	20g	7%	20g	7%	20g	7%
Dietary Fiber	Og	0%	1g	4%	Og	0%
Total Sugars	6g		6g	1917	7g	11:
Includes Added Sugars	5g	10%	5g	10%	5g	10%
Protein	2g		2g		1g	Dist
		Pris.	1.53	1.5.3	- F	1841
Vitamin D	Omcg	0%	Omcg	0%	Omcg	0%
Calcium	15mg	2%	18mg	2%	15mg	2%
Iron	0mg	0%	Omg	0%	Omg	0%
Potassium	68mg	2%	61mg	2%	48mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Calories per gram: Fat 9 - Carbohydrate 4 - Protein 4

PEACH GEM INGREDIENTS: PEACHES, GLUTEN FREE ALL PURPOSE FLOUR MIX (RICE FLOUR, BROWN RICE FLOUR, MODIFIED POTATO STARCH, MODIFIED TAPIOCA STARCH, MODIFIED CORN STARCH, XANTHAN GUM), BUTTER (PASTEURIZED CREAM, SALT), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), SUGAR, MODIFIED FOOD STARCH, XANTHAN GUM, MODIFIED CELLULOSE, GELATIN, SALT, BAKING SODA, WATER, NATURAL FLAVOR, ASCORBIC ACID AND CITRIC ACID ADDED TO RETARD OXIDATION.

MIXED BERRY GEM INGREDIENTS: GLUTEN FREE ALL PURPOSE FLOUR MIX (RICE FLOUR, BROWN RICE FLOUR, MODIFIED POTATO STARCH, MODIFIED TAPIOCA STARCH, MODIFIED CORN STARCH, XANTHAN GUM), BUTTER (PASTEURIZED CREAM, SALT), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), STRAWBERRIES, SUGAR, BLACKBERRIES, RED RASPBERRIES, PLUMS, MODIFIED FOOD STARCH, MODIFIED CELLULOSE, XANTHAN GUM, GELATIN, SALT, BAKING SODA, WATER, NATURAL FLAVOR.

APPLE GEM INGREDIENTS: APPLES, GLUTEN FREE ALL PURPOSE FLOUR MIX (RICE FLOUR, BROWN RICE FLOUR, MODIFIED POTATO STARCH, MODIFIED TAPIOCA STARCH, MODIFIED CORN STARCH, XANTHAN GUM), BUTTER (PASTEURIZED CREAM, SALT), CREAM CHEESE (PASTEURIZED CULTURED MILK AND CREAM, SALT, STABILIZERS [XANTHAN AND/OR CAROB BEAN AND/OR GUAR GUMS]), SUGAR, WATER, MODIFIED FOOD STARCH, XANTHAN GUM, SALT, GELATIN, MODIFIED CELLULOSE, NATURAL FLAVOR, CINNAMON, BAKING SODA, CITRIC ACID AND ASCORBIC ACID ADDED TO RETARD OXIDATION

#### Call Wawona today to learn how Jewels and Gems can make a big difference on your menu!

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